



**summer camps
2016**



information booklet

GENERAL

This document is intended for cadets who will be participating in a Cadet Training Centre at one of the Cadet Training Centres in Québec or elsewhere in Canada, and for their parents / guardians. It contains a wealth of important information to help cadets prepare for a stimulating and rewarding experience this summer. The Canadian Cadet Program offers unique summer training and activities. It allows over 5,000 cadets from Quebec and the Ottawa Valley to participate in challenges, while promoting team spirit, cooperation, camaraderie, and physical fitness. Qualified personnel, specifically trained to work with teenagers, ensure that each cadet under our responsibility enjoys a safe and positive environment. Any cadet who wishes to withdraw from the Cadet Training Centre program must inform his or her cadet corps / squadron Contact Officer immediately, so that another cadet can take advantage of the opportunity.

EMERGENCY

In case of emergency, parents/guardians can contact the staff at the Cadet Training Centres at any time. Addresses and telephone numbers for each of the Cadet Training Centres are provided in the “2015 Summer Camps Contact Information” page of this document.

TRANSPORTATION

All cadets will travel in uniform (pants, belt, boots, shirt without epaulettes, nametag, no tunic, no tie). Cadet corps/squadrons will receive the dates and schedules for group transportation no later than June 1st. The majority of cadets will travel as a group by chartered bus; an escort officer will be present on each bus. For cadets travelling to Cadet Training Centres outside of the province, the travel itinerary will be sent directly to home addresses prior to June 15th. If you have not received this information one week prior to the departure date, check with the cadet corps / squadron Contact Officer. Parents who decided to bring their child directly to the Cadet Training Centre, even if there is a bus service provided, must inform the cadet corps / squadron Contact Officer as soon as possible.

Air Travel: Cadets travelling by air will receive special security and luggage instructions. Those who do not receive this information should check with the cadet corps / squadron Contact Officer.

Cadets Residing in the Immediate Area of the CTC: Cadets residing in the immediate area of the CTC can report onsite in accordance with the times indicated on the participation offer as given by the CC/Sqn.

Departure from CTC: Cadets will be allowed to leave with their parents / guardians after the Graduation Parade. Cadets returning by bus will be informed of the schedule and procedure 48 hours prior to departure.

Staff Cadet's Transportation : It is strongly recommended that staff cadets use the means of transportation provided by the program. In addition, we remind all staff cadets that no reimbursement of travel expenses will be authorized for the use of a personnel vehicle since transportation is provided by the program.

Movement Control and Assistance: The Movement Coordination Centre (MCC) coordinates all cadet movement to and from CTCs. The MCC will operate night and day, from June 20th to August 23rd, 2015. In case of problems or delays during travel, please contact the MCC toll-free number for help and/or immediate assistance at 1 800 810-2347.

MEDICAL INFORMATION / DENTAL / EYEGASSES / CONTACT LENSES

Only emergency medical and dental services are available at each training centre. It is important to inform the Medical Section of the Regional Cadet Support Unit Eastern of any change of medical condition at 1-800-681-8180 extensions 6406 and 6934 when known, otherwise there is a possibility of being sent home before boarding or upon arrival at the Cadet Training Centre.

Medication: Cadets are not permitted to bring over the counter drugs (ex.: Tylenol, Advil, Gravol, etc.). This medication will be provided as needed at the CTC. We highly recommend that prescription medication be blister packed (Dispill), otherwise medication shall be in their original packaging with the official label. Furthermore, Cadets arriving at the CTC should have sufficient medication to cover their entire stay at camp.

Eyeglasses and Contact Lenses: It is recommended that cadets have a second pair of eyeglasses and a copy of their prescription for the duration of their stay at the CTC. No claim will be authorized if the safety strap on glasses was not worn or if negligence is proven. If wearing contact lenses, it is highly recommended to bring eyeglasses. In case of breakage during the stay at a CTC, CTC staff will coordinate the replacement with the parent and the costs incurred will be paid by the parent. In some circumstances, a claim for reimbursement may be initiated with the administrative staff of the CTC or of the CC / Sqn after the summer.

LIST OF ITEMS TO BRING TO THE CADET TRAINING CENTRES



All personal items must be identified.

Mandatory :

- Health insurance card*
- Prescription medication in original packaging along with a valid copy of the prescription (including Epipen or Twinjet, asthma pump).
** items placed so to be easily accessed upon arrival to / departure from the Cadet Training Centre.*
- safety strap for glasses
- Canadian passport or Permanent Resident card for cadets participating in the Exchange Program

Uniform :

- complete uniform, except the tunic (except for the Eastern Region Cadet Band, for which the tunic is required)
- gun shirt (Sea) (1)
- training dress (Sea)
- elemental T-shirt (3)
- wool socks (3 pairs)
- ankle boots (1 pair) - (2 pairs) for the Advance Aviation Technology Courses (AATC)
- elemental polar fleece (1)
- Name tag and ribbon(s)

Personal Sports Clothing :

- running shoes (1 pair)
- shorts (2)
- sweat pants (2)
- sports T-shirt (2)
- cotton socks (2)

Sports Courses (3 and 6 weeks):

- additional running shoes (1 pair)

Civilian Clothing :

- warm sweater (1)
- T-shirt (2)
- long pants and shorts (2)
- sweat pants and long sleeve sweat shirt (1)
- cotton socks (7 pairs)
- underwear (7)
- comfortable sleeping attire
- bathing suit and cap (girl – sports type 1 piece)

Note : - Civilian clothing may be allowed outside training hours.

- Sports clothes are not issued to cadets, hence the importance of bringing personal sports clothes.

- Violent, racist, sexist, alcohol-related, offensive, or any clothes in bad taste will not be tolerated on CTCs

Necessary Items :

- soap and soap dish
- shampoo
- comb or hairbrush
- toothbrush, toothpaste and dental floss
- shower sandals
- washcloths (2)
- bath towels (2)
- razor and shaving cream
- sanitary napkins
- antiperspirant
- sunscreen (SPF 30)
- lip balm
- combination lock (3)
- pencil case and pencils
- notebook
- tissues
- hangers (5)
- laundry detergent
- black shoe polish and brush kit
- Void cheque (6-week courses)
- Log Book (Phase Five (S), Master Cadet (Ar) Level 5 (Av))

Sea Cadets

- logbook and handbook
- boatswain's pipe (boatswain mate, shipboat operator) if available
- nautical or aquatic clothing and shoes (in addition to running shoes) for participants in a sailing or boatswain course

Army Cadets

- expedition courses (3 and 6 weeks): water shoes or nautical shoes, walking boots and walking stick recommended.

Air Cadets

- the list of documents to bring as well as other information for the pilot's course will be sent at a later date.

Music Cadets

- cadets may bring their own musical instrument if they wish. However, DND assumes no responsibility for loss of or damage to personal musical instruments.

Optional :

- writing paper
- camera
- alarm clock
- calling card
- iron
- pocket money (\$20)
- small backpack

- Electronics (e.g.: Ipod, smartphones /cell phones, tablet, laptop, etc) according to the policy effective at the CTC and no responsibility assumed by DND

Summer Camps 2016 CONTACT INFORMATION

(TO KEEP FOR PARENTS/GARDIANS)



CORRESPONDENCE : It is important to write your child's surname, given name and, if possible, his/her course title.

Movement Coordination Centre (MCC)

Montreal Garrison
6560 Hochelaga Montréal
Bldg 212
Montreal QC H1N 1X9
Tel: 514 252-2777, ext 2703 / 1 800 810-2347

Valcartier Cadet Training Centre (Valcartier CTC)

Valcartier Garrison
PO Box 1000, Station Forces
Courcelette QC G0A 4Z0
Tel: 418 844-5000, ext. 3500
Fax: 418 844-3702
E-mail: CECV@cadets.gc.ca



Website
<http://tiny.cc/jkum9w>

Bagotville Cadet Training Centre (Bagotville CTC)

Canadian Forces Base
PO Box 260, Station Bureau-chef
Alouette QC G0V 1A0
Tel: 418 677-4000, ext. 7906
Fax: 418 677-4000, ext 7111
E-mail: CECB@cadets.gc.ca



Website
<http://tiny.cc/lfum9w>

Eastern Region's Cadet Music Training Centre (CMTC Eastern Region) and Eastern Region Cadet Band (ERCB) 200 St-Sacrement Blvd

St-Gabriel-de-Valcartier QC G0A 4S0
Tel: 418 844-2691, ext. 10
Fax: 418 844-0213
E-mail: CEMC@cadets.gc.ca



Website
<http://tiny.cc/eevm9w>

Eastern Region's Cadet Flying Training Centre (CFTC Eastern Region)

30, boul du Séminaire
St-Jean-sur-Richelieu QC J3B 5J4
Tel: 450 347-5301, ext. 2252
Fax: 450 347-5623
Email: CEVC@cadets.gc.ca



Website
<http://tiny.cc/rgvm9w>

VISIT AND SHORT LEAVE

It is recommended that all parents contact the Administration Officer of the Cadet Training Centre (by email or phone, above) before coming to the CTC for a visit or request to leave with their children.

Your child will be authorized to leave the CTC with the individuals and within the limitations you have identified on the Form that was submitted to you by the Corps or Squadron Commanding Officer. For additions or changes, contact the Corps or Squadron Commanding Officer or, once your child / ward is at the CTC, send a fax or email to the concerned Cadet Training Centre.

Subject to training requirements, requests for visits will be considered on a case-by-case basis.

For the Valcartier and Bagotville CTC as well as for the CMTC Eastern Region, visits are allowed from 10am to 8pm (8am to 8 pm for the CMTC). On the other days of the week, special accommodations with the training personnel (company, course, flotilla, wing) will be necessary to meet your child.

It is to be noted that for the Sunday visits at CTC Bagotville and Valcartier, parents are asked to pick-up their child before noon or after 6pm.

Cadets on a six-week course will be granted permission to visit and / or for a short leave according to the training schedule or leave as scheduled for mid-camp (see next page.)

Cadets on the Eastern Region's Cadet Flying Training Centre (Glider Pilot, Advanced Aerospace Course) are allowed to leave as of 6pm on Saturdays and should be back no later than by 9pm. On Sundays, leave is permitted as of 1pm and they have to be back no later than 9pm. Weekend leaves may also be authorized between Saturday 6pm and Sunday 9pm. Cadets on the power pilot course will receive further information regarding leaves of absence in a subsequent communication.

GRADUATION PARADE SCHEDULES, MID-CAMP BREAKS AND DIRECTIONS

Directions

Valcartier Cadet Training Centre (Valcartier CTC)

The CTC is located on the Valcartier Garrison. From Quebec City: Take Highway 573-Boulevard Henri-IV North, toward Shannon. Continue on this road until you reach the main entrance of the Valcartier Garrison. On the Garrison, follow the directions for the cadet camp.

Bagotville Cadet Training Centre (Bagotville CTC)

The CTC is located on Canadian Forces Base Bagotville. From Quebec City, follow the directions for Highway 175 North toward Saguenay. Drive through the Laurentides Wildlife Reserve until you reach the 175 North/170 East junction. Take Route 170 East toward the town of La Baie/3 Wing (3e Escadre) Bagotville.

St-Jean Cadet Flying Training Centre – Eastern Region (CFTC Eastern Region)

The CFTC – Eastern Region is located at the Saint-Jean-sur-Richelieu CEGEP. From Montréal: Take Highway 10 East. Take Exit 22 to reach Highway 35 South. Take Exit 43, boulevard du Séminaire South for approximately 4 km, the Cégep will be on the right.

Cadet Music Training Centre – Eastern Region (CMTC Eastern Region) and Eastern Region Cadet Band (ERCB)

The CMTC – Eastern Region is located within the premises of Mont St-Sacrement High School and the Auberge du Mont, at 200 boul. St-Sacrement in St-Gabriel-de-Valcartier, G0A 4S0.

From Quebec City : Take Highway 573 Boulevard Henri-IV Nord (North), toward Shannon. Turn right on Montolieu (Road 371). Turn left on Valcartier Blvd. Follow indications for “Village Vacances Valcartier”. The CMTC – Eastern Region is 5 km past the water slides of “Village Vacances Valcartier”.

Movement Coordination Centre (MCC)

The MCC is located at the Montreal Garrison: 6450 Hochelaga Street, Bldg 212. Of the freeway 20 (Jean-Lesage) or the (Metropolitan) freeway 40, take the freeway 25 (Louis-H-Lafontaine), then take the "Montreal Downtown" exit 4, then use the "Hochelaga Street" exit, turn right on Hochelaga St and drive 1.1 km. The Garrison will be on your right. Once on the Garrison, follow the "Cadets" panels.

Graduation Parades and Mid-Camp break

VALCARTIER:

Graduation Parades:

1st Course - 2 weeks: July 15th 2016- 10 am

1st Course - 3 weeks: July 22nd 2016- 10 am

2nd Course - 2 weeks: July 29th 2016 - 10 am

Final Parade: August 13th 2016 - 9 am

Mid-Camp Break Cadets (6 weeks): July 22nd 2016 noon to July 25th 8pm

Expedition Instructor Course (6 weeks): July 14th 2016 11:30am to July 17th 2016 8:30pm

BAGOTVILLE:

End of Course Parades:

1st Course - 2 weeks: July 15th 2016- 10 am

1st Course - 3 weeks: July 22nd 2016- 10 am

2nd Course - 2 weeks: July 29th 2016 - 10 am

Final Parade: August 13th 2016 - 10 am

Mid-Camp Break: July 22nd 2016 1pm to July 25th 8pm

CFTC - Eastern Region

Final Parade: August 14th 2016 - 10am

Mid-Camp Break: None. See Visit Schedule (previous page).

CMTC – Eastern Region:

Graduation Parade: 1st Course - July 22nd 2016 - 10am **Final Parade:** August 13th 2016 - 9:30am

Mid-Camp Break: July 22nd 2016 1pm to July 25th - 8pm

Eastern Region Cadet Band:

Final Parade: To be determined

Mid-Camp Break: July 24th 2016 8pm to July 28th 2016 8 pm

By Metro / Bus:

Get off at the Langelier Metro Station (Green line), take Bus 33 South and get off at Hochelaga Street (3 stops); approximately 2 to 3 minutes by bus and 20 minutes by foot from Langelier Metro Station.

SUPERVISION AND DISCIPLINE

All CTC participants must adhere to rules and regulations promulgated by the CTC authorities, including the rules of community life and code of discipline.

Drugs / Alcohol / Non-Prescription Medication: The use or possession of illegal drugs, alcohol or non-prescription medication is strictly forbidden.

Energy Drinks: The use or possession of energy drinks is prohibited (no sales on CTC premises).

Weapons: Firearms and edged weapons like knives, daggers, machetes, etc, are prohibited. Laser pointers, lighters and any other equipment used to light a flame are prohibited

Smoking: There are programs in place to encourage personnel and cadets to quit smoking. No tobacco products are sold on CTC premises. Note that smoking areas are marked and strict rules are in effect on each CTC. Please note that the same rules apply to e-cigarettes

Dress and Appearance: The cadet program is based on standards of dress and appearance for participating adolescents. It is an important part of the training as well as the values put forward by the Program. While there is a certain flexibility to allow cadets to progressively acclimatize, it is expected that all cadets joining a Cadet Training Center follow the rules and regulations.

SERVICES AVAILABLE

Canteen: A canteen is available on all CTCs.

Cadet Bank : note that since the summer of 2015 the bank service for cadets is no longer offered on CTCs.

Training Allocation. Cadets participating in a 3 or 6 weeks course should arrive at the cadet training center (CTC) with a void cheque to allow the payment of their training allocation by direct deposit at the end of their stay. It is noted that this does not apply to cadets that provided a void cheque for their CTC participation in 2015, if no banking information has changed since. That said, if in doubt, it is strongly recommended that cadets arrive at camp with a void cheque. Cadets staying on a 2 week course will receive their training allocation in cash at the end of their stay on the CTC.

*** Note that all cadets will receive, in cash, an amount from their allocation during camp to enable them to have pocket money for personal expenses. It is still recommended that each cadet brings a maximum of \$20 as pocket money on the Cadet Training

ONLY ONE NUMBER AT ALL TIME :
1 800 681-8180

SCHOOL EXAM REWRITE

School exam rewrites remain a parent / guardian and cadet responsibility. No arrangements with schools and / or school boards will be made by CTC staff. However, a parent / guardian can make arrangements with CTC staff to allow a cadet to attend a rewrite. In those cases, cadets must have their student ID. Parents / guardians will be required to arrange transportation to and from the exam site for their child.

ADDITIONAL INFORMATION

We invite you to regularly visit the www.cadets.ca site, where you can find more information on the activities, staff and parade schedule, as well as pictures.

IDENTIFICATION

(To be completed by personnel from CC/Sqn before given to cadet)

CC/Sqn : _____
Surname/Given name : _____
Training Centre & Course : _____
Date/Time/Point of Departure : _____
Cadet Corp Contact Officer : _____
Telephone : () _____
Email Address : _____

NOTES PARENT/CADET

The Cadet Leagues and the Department of National Defence are proud partners of the Canadian Cadet Program.

